

Key Points of Malaria

Is Malaria really a problem?

You betcha,,,, 350-500 million infections a year, and 1 million deaths from malaria per year..

How do you get Malaria?

Infected mosquitoes transmit the disease

Where?

A lot of places: Africa, Latin and South American are the most common

What can I do?

Many things: First, check the CDC.GOV website and click on **travel medicine** to see the travel risks of where you're going.

Second, Stop by **STUDENT HEALTH SERVICES (SHS)** for advice and prescriptions

Third: Mosquitoes come out from dusk till dawn, therefore wear bug spray that has **DEET** in it ALL THE TIME, wear long sleeve pants and shirts in the evening, don't leave your windows open and in a lot of areas, you have to take a prescription.

A Prescription for Malaria?

Yup, there are several different types of pills that you can take to avoid contracting the disease; they all start before you leave, while you're there and when you come back. Stop by SHS!!!!

How do you know if you have Malaria?

Malaria appears like the flu: fever, body aches, chills, headache. It can start as early as 7 days after exposure to several months. **YOU MUST BE TREATED AS SOON AS POSSIBLE.**