

# Arcadia University's Virtual Orientation Day of Service

## Things to remember:

Please sign up for a spot you are interested in!

Spots are limited! So be sure to sign up as soon as you see one you like!

Please make sure you read the descriptions

★ Symbol designates you will need supplies

To get started, please scroll through the following positions and click on the name of each position to be taken to its respective sign-up form!

## Synchronous Opportunities



### ARTISTIC ACTIVISM



#### Upcycling To Create Jewelry For 'Brush With The Law'

Participate in a guided workshop to create beads and other jewelry from upcycled materials like old magazines and cans. Your creation will be sold to benefit Brush With The Law.



#### 'Brighten A Day' Card and Art Creation For Nursing Home Residents

Use your art skills to create greeting cards or other art for nursing home residents. We will provide you with postage



#### Card and Art Creation - For Children in Hospitals -

Good at creating characters or art good for kids? Use your art skills to create greeting cards or other art for children in hospitals. We will provide you with postage



Participate in a virtual 5k to raise money for Rise Against Hunger. We will pay for your registration which provides pre-packaged meals to those in need in our local neighborhoods and around the world. Extra points if you get your friends or family to register on their own and run or walk with you! [Click here](#) to sign-up!



### TALENT SHARE VIDEO CREATION FOR NURSING HOME RESIDENTS



#### Comedic Group Skit Creation

Help make some seniors smile! Collaborate with other students to create a funny video.

#### Inspirational Group Video Creation

Work together with other students to create an inspirational video of nursing home residents, reminding them they are not alone and inspiring them to have resilience during these challenging times.

#### Group Music Video / Musical Performance

Have musical talent? Singing Abilities? Great at Dancing? Create a 'cabaret' style video over zoom!

#### Story Telling Video

Create and tell a story with a group, collaborate to create the story (maybe from your own experiences) to share with nursing home residents.



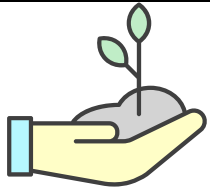
### MEDIA FOR A BETTER WORLD GRAPHIC DESIGN & MEDIA CONTENT CREATION FOR LOCAL NGOS



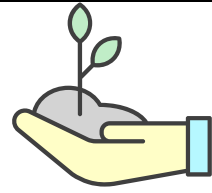
#### Social Media Content Creation (Instagram)

You will be asked to create an instagram account for a local nonprofit organization. You will also be asked to collaborate with other students on canva (free) or another design software you may have access to, in order to create graphics and posts for Non-Profit organizations local to Arcadia's campus.

# Asynchronous Opportunities



## Environmental Activism



### Earth Challenge 2020

Use your IOS or Android device to assist with a global citizen science initiative, by monitoring threats to environmental and human health in your community!

### Neighborhood Litter Clean Up

Put on some sneakers and go out in to your neighborhood, local park or populated area to pick up trash and recyclables. Please make sure you have access to PPE such as gloves, a mask, and trash bags if you choose this service. Take your friends or family with you.



## Brighten a Day Talent Share



### Poetry Reading

Share some poetry or another written work by creating or recording a video.

### Singing or play and instrument

Record or create a video of 2 or more songs to share with nursing home residents.

### Share Inspirational Messages Or Stories

Record or create a video of an inspirational message or story you want to share with nursing home residents.

### Other Talent

Create a video of any other talent you might want to share with nursing home residents. We will have to approve it first, so please share what you will be doing in your survey.



## Free Rice by The United Nations & the World Food Programme



Every point you score with this interactive vocabulary game, helps the World Food Programme & the United Nations raise money to address food insecurity globally! [Click here](#) to sign-up!

## Your participation could earn you an entry to a giveaway!



Fill out this form, uploading photos, videos and screenshots of your participation



Follow the CCEC on Instagram  
@ArcadiaCCEC



**We'll be picking 3 participants that will win entries on us, to some MIND-BLOWING giveaways sponsored by:**

# Omaze

*Through Omaze, the money raised from giveaway entries gets donated to 100's of non-profit organizations and charities! You get a chance at winning everything from a brand new Tesla, to witnessing the Mars Rover Landing at a with Bill Nye ( THE Science Guy), while your entry contributes to making a difference in the world!*