

# Interdisciplinary Case-Based Approach to Medical Screening for the Physical Therapist

**Saturday & Sunday  
March 21-22, 2020**

Held at Arcadia University

Glenside, PA 19038



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## Course Speakers

Joe Adler, PT, DPT, CCS  
Good Shepherd Penn Partners  
Hospital of the University of Pennsylvania

Andrea Branas, PT, DPT, MSE  
Children's Hospital of Philadelphia

Jessica Cahill, RD, CSCS  
Success By Lifestyle

Joy C Cohn, PT, CLT-LANA  
Good Shepherd Penn Partners

Josh Coren, DO  
Rowan Medicine  
Department of Family Medicine

Shannon Diallo, MMS, PA-C, CAQ-HM  
Arcadia University  
Physician Assistant Program

Katherine Hamilton, MD  
Penn Medicine

David Hutchinson, PT, DSc, MS, ECS  
The Philadelphia Hand Center

Jessica Jennings, PT, DPT, OCS, SCS  
3 Dimensional Physical Therapy

Robin Jordan, BA, CASA  
Women's Center of Montgomery County

Len Kamen, DO  
Einstein Healthcare Network

Kshamata Shah, PT, PhD  
Arcadia University  
Department of Physical Therapy

Angela Tate, PT, PhD, Cert. MDT  
Arcadia University  
Department of Physical Therapy  
Excel Physical Therapy

# Registration Form

Interdisciplinary Case-Based Approach to Medical Screening for the Physical Therapist

Sat. and Sun. March 21-22, 2020

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone # \_\_\_\_\_

Email: \_\_\_\_\_

State licensed to practice in: \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

**Registration Deadline: March 1, 2020**

Arcadia University, Beaver College, University of Pennsylvania Physical Therapy Alumni \$300

Arcadia PT Adjunct Faculty/Current Arcadia DPT Clinical Instructors \$300

Other Physical Therapists/PTA's \$350

Arcadia Orthopedic Residents \$100

TOTAL..... \$ \_\_\_\_\_

Space is limited, so early registration is encouraged

**Online registration available through: Eventbrite**

**Link:** <https://arcadiaphysicaltherapy.eventbrite.com>

(Small processing fee applies to online registration)

**OR**

Make Checks Payable and Mail To:

**ARCADIA UNIVERSITY PT DEPARTMENT**

Attn: Taylor Sloat  
450 S. Easton Rd  
Glenside, PA 19038

## COURSE DESCRIPTION

This interactive and interdisciplinary course is designed to advance the knowledge and skills required to recognize findings necessitating medical referral for patients in a variety of settings. The course will build on the clinician's current clinical expertise through lecture, laboratory experiences, collaborative decision-making, and interdisciplinary case discussions. Medical conditions that mimic musculoskeletal dysfunction, and "must know" red flags across the lifespan will be highlighted. Evidence-based management will be addressed to guide the role of physical therapists as collaborative practitioners who are ideally positioned to identify manifestations warranting referral.

## COURSE OBJECTIVES

Upon completion of this presentation, attendees will be able to:

- Identify signs and symptoms associated with selected medical conditions that mimic musculoskeletal dysfunction.
- Demonstrate selected physical therapy examination screening techniques.
- Utilize evidence-based medical guidelines to determine indications for further diagnostic imaging.
- Apply clinical decision making to orthopedic, neurologic, cardiopulmonary, and pediatric populations.

Confirmation emails and directions will be sent out when payment is received.

**Address questions to: [tsloat@arcadia.edu](mailto:tsloat@arcadia.edu)**

## Course Agenda

**Saturday, March 21, 2020**

7:00 - 8:00	Registration
8:00 - 8:30	Jennings: Intro/Review of Systems
8:30 - 9:15	Hutchinson: Electrophysiology
9:15 - 10:00	Cahill: Nutrition
10:00 - 10:15	Break
10:15 - 11:00	Diallo: Abdominal Screening
11:00 - 11:45	Hamilton: Headaches
11:45 - 12:45	Lunch will be provided
12:45 - 1:30	Adler: Cardiopulmonary Considerations
1:30 - 2:15	Branas: Edema/lymphedema
2:15 - 2:30	Break
2:30 - 3:15	Cohn: Cancer Rehab Considerations
3:15 - 4:00	Tate: Dizzy Patient/Concussion
4:00 - 4:30	Wrap-up/Adjourn

**Sunday, March 22, 2020**

8:00 - 8:45	Shah: Diabetes
8:45 - 9:30	Kamen: Chronic Pain
9:30 - 9:45	Break
9:45 - 10:30	Coren: Dermatological Screening
10:30 - 11:15	Jordan: Recognizing Abuse
11:15 - 11:45	Wrap-up

Earn 10.5 **DA** contact hours for PA.  
Arcadia University is an approved sponsor for 10 CEUs for DE and NY and pending 10 CEUs for NJ

**Lunch will be provided on Saturday**