FEBRUARY & MARCH

Learn, Travel, Grow

Exploring the Italian quarter of Boston by the docks in the moonlight, dancing down Bourbon Street under a shower of Mardi Gras beads, and traveling from Denver to Boulder, Colorado to hike the foothills of the Rockies...What do these things have in common? These were all some of the best memories that senior Aashika Sussendran experienced while traveling with honors for NCHC conferences. Aashika applied to the National Collegiate Honors Conference three times and each time was accepted, allowing her to travel to Boston, New Orleans, and Denver with members of her Honors family.

“It is a conference unlike any other I have attended because it emphasizes interdisciplinary excellence, and the trips in themselves are the perfect outlet for the adventurous soul,” she says. Aashika first made it to NCHC presenting the class project she had worked on with her Honors English class freshman year, and after that, she decided to submit independent research she had done through the Psychology department as part of her major. She feels that participating in NCHC has allowed her to step outside of her element, allowing for learning and growth through exploring and inventing. Aashika also adds that “traveling to new areas and interacting with intrinsically driven scholars and professors from around the country has been absolutely inspiring.”

If NCHC has been a great experience for you, or if you would like a chance to take part in this wonderful opportunity, be sure to keep important application and conference dates on your calendar and think about any work you might like to present. If you have any questions, inquire with Helene!

“Hello, my name is...”

You may know that the More Than a Label conference this March will be raising awareness about verbal abuse, bullying, and other negative effects that can come from the labels. But did you know that the conference will feature great speakers like Ana Maria Garcia, head of Arcadia’s sociology department, Shawn Vincent of the Weapon of Choice Project which uses art to represent the harm of verbal abuse, and Jes Baker, a body-positivity activist who will be talking about mental illness, bullying, and eating disorders, as well as self-love. A representative from the local women’s shelter The Laurel House will also be among the speakers for the evening.

Be sure to come and see the featured documentary BULLY, which is sponsored by the Education Club for the event. While the conference is free, there is a fundraiser the week leading up to the conference where people can choose to purchase "Hello, my name is..." labels and write something they were labeled at some point in their life that has significantly affected them. The proceeds from this fundraiser will be divided evenly to be donated to the Montgomery County Victim Services Center and The Laurel House.

Michael Pogach (left) with Professor Richard Wertine  February 27 for Arcadia’s Writers Return to Campus Series
Looking Back: A Senior’s Perspective

Gabby Thomas: “I have the Honors Program to thank for where I am today. I honestly believe that the leadership skills and opportunities I gained throughout my time in the program directly impacted my ability to land an awesome career just two weeks after graduating. My job is even sending me to a national leader conference in Dallas, which I don’t think I would have the confidence to do if it weren’t for this program.”

Ruth Stetler: “The Arcadia Honors Program ties academic responsibility and social and political awareness into a strong sense of community. Being a member of this community has provided many unique opportunities for growth, forging me into a more confident, self-aware, and down-to-earth leader.”

Emily Radman: “She [Helene] has been my teacher, a mentor, and an inspiration to me since I took her Explorations in Leadership class my sophomore year. She was always so energetic in class, and it became infectious; suddenly I really wanted to be in Honors. Before, I just wanted the addition to my degree, but now I am on The Compass; I am on the Alumni Mentor Program board, and I participate in as many programs on campus as I possibly can. Honors and non-honors alike. She is always willing to talk to me between classes whenever I need her, and always answers my hundreds of emails. As cliché as it sounds, she really is a big reason why I am so active in Honors and on campus. She helped me come out of my shell.”

Save the Date

MARCH:

- More Than 1 Label Conference Meetings (Every Monday in the Commons, 6:30-7:30pm)
- Honors Council Coordinator Meetings (Every Monday, 8pm-9pm)
- Community Service Committee Meetings (Every Tuesday in the Commons, 5:30-6:30pm)
- EAS Committee Meetings (Every Wednesday in the Commons, 6pm-7pm)
- Honors Open Forum (March 2, 6pm-7:30pm)
- Daylight Savings Time Stats (March 8)
- SEPHE (March 29th at Hope College University)
- Honors Convocation: March 29th
- More Than 1 Label Conference (March 29 in the Great Room, 1pm-3:30pm)
- Alumni Mentor brunch (March 29, 11:00am)

Quotes:

“I can’t change the wind, but I can adjust my sails to always reach my destination.”

- Jimmy Dean

“Enthusiasm is the mother of effort, and without it nothing great was ever achieved...”

- Ralph Waldo Emerson

Riddles:

Q: What kind of coat is always wet when you put it on?

A: A coat of paint.