How Does the Birth Control Pill Work?

• The Birth Control pill (BCP) suppresses the ovaries so they don’t release an egg and forces the uterus to shed its lining each month.

• Taking the BCP everyday ensures a 99.0% effectiveness rate against pregnancy.

• Side Effects are minimal with our new products; usually mild nausea, mild breast tenderness, and weight gain less than 5 pounds (approx. 3 lbs.)

• **WHEN TAKING ANTIBIOTICS; DO NOT STOP TAKING YOUR BCP**; there is no conclusive evidence to suggest the BCP is not effective when taking antibiotics.

• After 7 days OFF THE PILL, the ovaries are NOT suppressed and pregnancy can occur.

Please stop by SHS or talk with your Dr. if you are sexually active and not protected against pregnancy. Please make an appointment by calling (215) 572-2966.