The Concussion CPG: Managing the Cervical and Vestibular-Oculomotor Domains

Saturday
October 30, 2021
9AM-4PM EST
Live Webinar

Arcadia University, Glenside, PA 19038

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COURSE SPEAKER
Rob Landel, PT, DPT, OCS, CSCS, MTC, FAPTA
Dr. Landel is a professor of Clinical Physical Therapy in the Division of Biokinesiology and Physical Therapy at the Herman Ostrow School of Dentistry at USC, where he is the Director of the Residential Pathway of the DPT program, and Director of Clinical Residency and Fellowship Programs. He founded and was first director of the faculty practice of the Division, USC Physical Therapy Associates, treating patients there with primarily orthopedic, balance and vestibular dysfunctions. He was the founding Director of the USC Orthopedic Physical Therapy Residency Program. He is a Board Certified Orthopedic Specialist, a Certified Strength and Conditioning Specialist, and a Catherine Worthingham Fellow of the APTA.

With over 35 years of experience treating orthopedic, neurologic and vestibular patients, Dr. Landel has lectured and trained therapists and physicians in the US, Canada, Asia, Europe, Australia and Africa. His teaching skills have been recognized nationally with the Gould Excellence in Teaching Award from the Academy of Orthopedic PT, and locally with the Associates Award from USC, the university’s highest teaching honor. He has provided physical therapy for the domestic US professional beach volleyball tour (AVP), USA Beach Volleyball, and for the Rio Olympic Games. Dr. Landel has published on a variety of topics in orthopedics, vestibular rehabilitation and concussion and has received national awards in teaching and research. His current clinical interest is cervicogenic dizziness and the diagnostic dilemma and management challenge posed by patients with persistent post-concussion symptoms.
The best practices for the management of patients who have experienced a concussive event has been a moving target recently due to rapid advances in our understanding of this complex condition. While several strong clinical practice guidelines (CPGs) exist to offer guidance in the acute management of sports-related and battlefield injuries, until 2020, no guidelines existed to help physical therapists manage and treat this diverse patient population. The purpose of this online session is to introduce the audience to the CPG on Physical Therapy Evaluation and Treatment After Concussion / Mild Traumatic Brain Injury, and focus on two domains described therein: the cervical musculoskeletal impairments and vestibulo-oculomotor impairments. The participant will be able to differentiate between patients with cervical musculoskeletal impairments and vestibulo-oculomotor dysfunction, discuss treatment of those who are appropriate and refer those who are not. Participants will gain an understanding of the current recommendations in these domains and an appreciation for where the literature is lacking and clinical experience must take precedence.