

Education

- 2009 Ph.D., Clinical Psychology, University of Delaware, Newark, DE
Dissertation: *Children's Peer Victimization and Daily Psychological Functioning*
- 2006 M.A., Clinical Psychology, University of Delaware, Newark, DE
Master's Thesis: *Childhood Aggression, Depression, and the Experience of Peer Rejection*
- 2003 B.A., Psychology, summa cum laude, Washington and Lee University, Lexington, VA
Senior Honors Thesis: *Self-Perceived Peer Victimization, Attributions, and Adjustment*

Professional Experience

Leadership

- 2019-2024 Program Director, Graduate Program in Counseling at Arcadia University
Coordinator of Counseling Student Research
- 2019 (Spring) Program Co-Director, Graduate Program in Counseling at Arcadia University
- 2011-Present Coordinator of the Graduate Child and Family Therapy Concentration
Coordinator of the Graduate Evidence-Based Practice Curriculum

Teaching

Professor, Arcadia University, Department of Psychology

- PY521 Research Methods, Design, & Evaluation (Graduate): Fall 2020-22, 24
- PY516 Human Lifespan Development (Graduate): Spring 2025
- PY640 Treatment of Childhood Internalizing Disorders (Graduate): Fall 2020-24
- PY650 Treatment of Childhood Externalizing Disorders (Graduate): Spring 2021-25

Associate Professor, Arcadia University, Department of Psychology

- PY516 Human Lifespan Development (Graduate): Spring 2018-19
- PY521 Research Methods, Design, & Evaluation (Graduate): Fall 2017,19
- PY615 Child & Adolescent Counseling (Graduate): Fall 2017,19
- PY621 Advanced Child & Adolescent Counseling (Graduate): Spring 2018-20
- PY490 Senior Thesis Adviser (Undergraduate): Fall 2017; Spring 2018

Assistant Professor, Arcadia University, Department of Psychology

- PY516 Human Lifespan Development (Graduate): Fall 2011-15; Spring 2013-17
- PY521 Research Methods, Design, & Evaluation (Graduate): Fall 2011-13,16; Spring 2015-16
- PY615 Child & Adolescent Counseling (Graduate): Fall 2013-16; Spring 2012-16
- PY611 Couple & Family Therapy (Graduate): Spring 2012-14
- PY621 Advanced Child & Adolescent Counseling (Graduate): Fall 2011-15; Spring 2017
- PY490 Senior Thesis Adviser (Undergraduate): Fall 2013-16; Spring 2014-17

Adjunct Professor, University of Delaware, Department of Psychology

- Independent Study Research (Undergraduate): Fall 2010-11

Course Instructor, University of Delaware, Department of Psychology

Child Psychology (Undergraduate): Summer 2007

Developmental Psychology (Undergraduate): Fall 2005; Spring 2006

Lab Instructor, University of Delaware, Department of Psychology

Measurement & Statistics (Undergraduate): Fall 2003; Spring 2004

Clinical Experience

- 2013-Present Licensed Psychologist in Commonwealth of Pennsylvania
Private practice for youth and families (<http://morrowpsych.wix.com/media>)
Outpatient evaluation, therapy, and clinical supervision
Clinical supervision of pre-Master's trainees
Passed Examination for Professional Practice in Psychology (2012)
Passed Pennsylvania Psychology Law Exam (2013)
- 2009-11 Postdoctoral Fellowships, A.I. DuPont Hospital for Children, Behavioral Health
Hospital-based outpatient and inpatient evaluation, consultation, and therapy
Outpatient assessment and consultation in primary care
Developmental consultation in early childhood centers
Clinical supervision of pre-doctoral interns
Community outreach on child behavioral health via presentations and trainings
Development of a bullying support and skills group for children
- 2008-09 Pre-doctoral Internship, A.I. DuPont Hospital for Children, Behavioral Health
APA-Accredited Internship in Clinical Child and Pediatric Psychology
Hospital-based outpatient and inpatient evaluation, consultation, and therapy
Outpatient assessment and consultation in primary care
Developmental consultation in early childhood centers

Professional Activities

Professional Organizations

- 2019-Present Editorial Board Member, Journal of the Pennsylvania Counseling Association
- 2018-2024 Member, Pennsylvania Counseling Association
Pennsylvania Association of Counselor Education and Supervision
Pennsylvania Association of Child and Adolescent Counselors
Greater Philadelphia Area Counseling Association
- 2013-2022 Board Member and Treasurer, Philadelphia Behavior Therapy Association
Coordinator of community trainings in evidence-based psychotherapies
- 2005-2019 Member, APA Division 53: Society of Clinical Child and Adolescent Psychology
- 2004-2015 Member, Society for Research in Child Development
Conference symposium organizer and chair (2009,13)
Assistant to organizer of Peer Relations Pre-Conference (2007)

Grants & Proposals

- 2024 Writer of a microgrant from the Center for Antiracist Scholarship, Advocacy, and Action (CASAA); Arcadia University
Submitted proposal to conduct a mixed-method study of clinician's decision making regarding whether and how to involve parents in child psychotherapy
Awarded \$1,500
- 2024 Not funded: Johnston Faculty Fellowship in the Humanities and Social Sciences
Submitted proposal for development and validation a clinical assessments of parenting behavior to guide parent integration in child psychotherapy
Requested \$20,000 to support research
- 2023 Psychometric consultant on Dr. Comfort Olorunsaiye's grant proposal to the National Institute of Child Health and Human Development
For development of a novel measure to assess sociocultural norms and demographic risk factors for short interpregnancy intervals among African immigrants in the US
- 2019 Lead writer of Arcadia University Innovation grant
For development of a mental health counseling program in a pro bono PT clinic
Awarded \$9,475 for planning toward implementation
- 2015 Lead writer of Varda Shoham Clinical Scientist Training Initiative grant
For development of an evidence-based counseling workshop series
Requested \$1,500 to fund curriculum development (not funded)
- 2013 Lead writer of a health program development grant
For development and evaluation of a school-based counselor training clinic
Requested \$150,000 for a three-year pilot program
Proposals submitted to the van Ameringen and Barra Foundations (not funded)
- 2012 Co-writer of Arcadia University Classroom Technology grant
For integrating video technology into counseling skills training courses
Requested \$6,671 for purchase of equipment (not funded)
- 2009 Lead writer of an Improvement in Education Research Grant, Spencer Foundation
For research on children's daily experiences of peer victimization
Awarded \$6,000 to execute research
- 2008 Lead writer of a Graduate Student Grant, Association for Psychological Science
For research on children's daily experiences of peer victimization
Awarded \$500 to execute research

Awards & Honors

- 2024 Ellington Beavers Award for Intellectual Curiosity (\$3,000)
Awarded by Arcadia University's Awards Committee
- 2024 Faculty Development Award, Arcadia University (\$695)
Supported purchase of MPlus statistical software
Proposal approved by Dean of Arts and Sciences
- 2024 Society of Clinical Psychology (APA Division 12) Mid-Career Institute Awardee
Awarded by SCP Annual Conference Committee
- 2022 Inducted as a Lifetime Member of the Philadelphia Behavior Therapy Association
Awarded by PBTA's Executive Board

- 2022 Arcadia's Graduate Program in Counseling Re-accredited by MPCAC
Awarded by MPCAC Executive Board
- 2020 Promotion to Full Professor, Arcadia University
Awarded by Promotion and Tenure Committee
- 2019 Outstanding Research Award of the Pennsylvania Counseling Association
Awarded by Pennsylvania Counseling Association Award Committee
- 2019 Faculty Travel Award, Arcadia University
Presented a poster at the meeting of the Pennsylvania Counseling Association
Proposal approved by Dean of College of Arts and Sciences
- 2018 Course Release for one semester
Supported transition to Director of the Graduate Program in Counseling
Proposal approved by Dean of College of Arts and Sciences
- 2018 Faculty Development Award, Arcadia University
Attended conference of the Pennsylvania Counseling Association
Proposal approved by Dean of College of Arts and Sciences
- 2018 Sabbatical for one semester
Supported research developing the Forms of Peer Victimization Scale
Proposal approved by Dean of College of Arts and Sciences
- 2017 Promotion to Associate Professor, Arcadia University
Awarded by Promotion and Tenure Committee
- 2016 Tenure, Arcadia University
Awarded by Promotion and Tenure Committee
- 2016 Lindback Distinguished Teaching Award, Arcadia University
Nominated by students and peers; selected by Arcadia's Award Committee
- 2016 Course Release for one semester
Supported work redesigning the counseling program's evidence-based curriculum
Proposal approved by Dean of College of Arts and Sciences
- 2016 Faculty Development Award, Arcadia University
Supported purchase of software and training in multilevel modeling
Proposal approved by Dean of College of Arts and Sciences
- 2015 Faculty Travel Award, Arcadia University
Presented a paper at the meeting of the Association for Counseling Education & Supervision
Proposal approved by Dean of College of Arts and Sciences
- 2015 Faculty Travel Award, Arcadia University
Presented a poster at the meeting of the Pennsylvania Counseling Association
Proposal approved by Dean of College of Arts and Sciences
- 2015 Faculty Travel Award, Arcadia University
Attended the meeting of the Society for Research in Child Development
Proposal approved by Dean of College of Arts and Sciences
- 2014 Clinical supervisor of the PPAGS Community Service Project Award
Project: Development and Evaluation of a Positive Parenting Workshop for Foster Parents

- Awarded by the Pennsylvania Psychological Association of Graduate Students
- 2013 Faculty Development Award, Arcadia University
Supported professional training in school-based mental health intervention
Proposal approved by Dean of College of Arts and Sciences
 - 2013 Faculty Travel Award, Arcadia University
Presented two papers at the meeting of the Society for Research in Child Development
Proposal approved by Dean of College of Arts and Sciences
 - 2013 Faculty Travel Award, Arcadia University
Presented two papers at the meeting of the Pennsylvania Counseling Association
Proposal approved by Dean of College of Arts and Sciences
 - 2013 Nominee for American Psychological Association's Board of Educational Affairs
Nominated anonymously for position; declined due to time constraints
 - 2011 Faculty Development Award, Arcadia University
Supported purchase of software and training in hierarchical linear modeling
Proposal approved by Dean of Arts and Sciences
 - 2008 Competitive Departmental Research Fellowship, University of Delaware
Application selected by panel of Psychology faculty and administrators
 - 2007 The Elizabeth Munsterberg Fellowship Semi-finalist, American Psychological Foundation
Research proposal selected by an expert panel
 - 2007 Competitive Graduate Fellowship, University of Delaware
Application selected by panel of graduate faculty and administrators
 - 2006 Department of Psychology Teaching Fellowship, University of Delaware
Application selected by panel of Psychology faculty and administrators
 - 2005 The Nancy B. Forest and L. Michael Honaker Scholarship for Research in Psychology,
American Psychological Association
Research proposal selected by an expert panel
 - 2004 Excellence in Teaching Award Nominee, University of Delaware
Nominated by students
 - 2003 Award of Excellence in Psychology, Washington and Lee University
Honor awarded to senior Psychology major with highest GPA
 - 2003 Oliver Award for Intellectual Curiosity, Washington and Lee University
Selected among all senior Psychology majors by Psychology faculty
 - 2003 Class of 1964 Award for Outstanding Work in Fine Arts, Washington and Lee University
Selected among all senior Fine Art students by Fine Art faculty
 - 2003 Studio Art Award, Washington and Lee University
Selected among all Fine Art students by Fine Art faculty
 - 2003 Honors Societies: Omicron Delta Kappa, Phi Beta Kappa, and Psi Chi
Inducted for outstanding academic work or contribution to university life

Publications completed at Arcadia University

Reid, L., Lee, H.-H., Morrow, M. T., Gillem, A., Bartoli, E., & Lyman, C. (2024). Evaluation of

- a multicultural competence curriculum in a psychology-based counseling program. *Training and Education in Professional Psychology*, 18(3), 204-212.
- Morrow, M. T., Hubbard, J. A., Bookhout, M. K., Docimo, M. A., Swift, L. E., Grasseti, S. N., & Cabanas, K. (2022). Lower levels of classroom aggression predict stronger relations between peer victimization and reactive versus proactive aggression. *Journal of Interpersonal Violence*, 37, 15-16.
- Morrow, M. T., Hubbard, J. A., Bookhout, M. K., Grasseti, S. N., Docimo, M. A., & Swift, L. E. (2021). Development and validation of the Forms of Peer Victimization Scale. *Merrill-Palmer Quarterly*, 67(1), 23-55.
- Morrow, M. T., & Hallas, C. (2019). A Psychoeducational children's book to prepare families for child-focused counseling. *Journal of the Pennsylvania Counseling Association*, 18(1), 31-43.
- Shermeyer, L., & Morrow, M. T. (2019). Daily perceived control and coping in college students: Connections to resilience. *Journal of the Pennsylvania Counseling Association*, 18(1), 4-15.
- Moore, C. C., Hubbard, J. A., Morrow, M. T., Barhight, L. R., Lines, M. M., Sallee, M., Hyde, C. T. (2019). The psychophysiology supporting children's constructive responses to peer provocation. *Merrill-Palmer Quarterly*, 65(4), 447-463.
- Morrow, M. T., Hubbard, J. A., & Sharp, M. K. (2019). Preadolescents' daily peer victimization and perceived social competence: Moderating effects of classroom aggression. *Journal of Clinical Child and Adolescent Psychology*, 48(5), 716-727.
- Shermeyer, L., Morrow, M. T., & Mediate, N. (2019). College students' daily coping, and adjustment: Benefits of problem-focused engagement. *Stress & Health*, 35, 211-216.
- Morrow, M. T., Hubbard, J. A., & Sharp, M. K. (2019). Preadolescents' attributions for negative peer experiences: Links to child and classroom peer victimization and friendship. *Journal of Abnormal Child Psychology*, 47(3), 393-404.
- Moore, C. C., Hubbard, J. A., Morrow, M. T., Barhight, L. R., Lines, M. M., Rubin, R. M., Sallee, M., & Hyde, C. T. (2018). The simultaneous assessment of and relations between children's sympathetic and parasympathetic psychophysiology and their reactive and proactive aggression. *Aggressive Behavior*, 44, 614-623.
- Leone, K., Robbins, S. J., & Morrow, M. T. (2018). Using Clay Sculpting to Prime Readiness to Change: An Experimental Analog Study. *Art Therapy*, 35(3), 131-137.
- Vincent, C. E., & Morrow, M. T. (2018). Parent discipline and child externalizing behavior in bereaved families: The moderating role of parent grief. *Journal of the Pennsylvania Counseling Association*, 17, 36-43.
- Morrow, M. T., Hubbard, J. A., & Sharp, M. K. (2018). Preadolescents' depressive symptoms and attributions for negative peer experiences. *Journal of the Pennsylvania Counseling Association*, 17, 25-35.
- Swift, L. E., Hubbard, J. A., Bookhout, M., Smith, M., Grasseti, S., & Morrow, M. T. (2017). Teacher factors contributing to dosage of the KiVa anti-bullying program. *Journal of School Psychology*, 65, 102-115.
- Derr, S., & Morrow, M. T. (in press). The effects of a growth mindset on bystander intervention

- of peer victimization. *Journal of Interpersonal Violence*.
- Bartoli, E., Mamolou, A., Morrow, M., Brutko, L., Cox, E., Herreid-Halstead, S., & Levy, A. (2017). READY, MindSET, GO! Increasing students' resilience in counselor education programs. *Journal of the Pennsylvania Counseling Association*, 16, 2-12.
- Morrow, M. T., Lee, H-H., Bartoli, E., & Gillem, A. R. (2017). Advancing counselor education in evidence-based practice. *International Journal for the Advancement of Counseling*, 39, 149-163.
- Marchese, M. H., Robbins, S. J., & Morrow, M. T. (2018). Nonconscious priming enhances the therapy relationship: An experimental analog study. *Psychotherapy Research*, 28, 183-191.
- Morrow, M. T. (2016). Painting a picture of evidence-based practice in graduate education. *The Evidence-Based Practitioner: An Online Publication of the Philadelphia Behavior Therapy Association*. <http://pbta.tumblr.com/>
- Morrow, M. T., Hubbard, J. A., Sallee, M. A., Barhight, L. J., Lines, M. D., & Rubin, R. M. (2016). Dyadic accuracy and bias in preadolescents' perceived peer relations: Associations with aggression, depression, and peer victimization. *Journal of Social and Personal Relationships*, 33, 892-916.
- Morrow, M. T., Hooker, S. D., & Cate, Rebecca Lynne (2015). Consultation in bullying prevention: An elementary-school case study. *School Community Journal*, 25, 85-112.
- Barhight, L., Grassetti, S. N., Hubbard, J. A., & Morrow, M. T. (2017). The role of actual group norms and perceived peer behavior in bystander intervention to bullying. *Journal of Clinical Child and Adolescent Psychology*, 46, 394-400.
- Morrow, M. T., Garwood, B. E., Brutko, L. M., Schneider, C. A., & Cuttic, J. A. (2015). The development and evaluation of a mental health training for foster parents. *Journal of the Pennsylvania Counseling Association*, 14, 28-38.
- Morrow, M. T., Hubbard, J. A., Barhight, L. J., & Thomson, A. K. (2014). Fifth-grade children's daily experiences of peer victimization and negative emotions: Moderating effects of sex and peer rejection. *Journal of Abnormal Child Psychology*, 42, 1089-1102.
- Morrow, M. T., Cuttic, J., Lineberger, J., & Cretekos, E. (2014). Licensed Professional Counselors and collaborative care. *Journal of the Pennsylvania Counseling Association*, 13, 13-25.
- Bartoli, E. Morrow, M., Gillem, A., Gaskin Dozier, C., & Mamolou, A. (2014). Creating effective counselors: Integrated multicultural and evidence-based curricula in counselor Education programs. *Journal of the Pennsylvania Counseling Association*, 13, 27-38.
- Morrow, M. T., Hubbard, J. A., & Swift, L. E. (2014). Relations among multiple types of peer victimization, reactivity to peer victimization, and academic achievement in fifth-grade boys and girls. *Merrill-Palmer Quarterly*, 60, 302-327.

Papers in Revision, Submission, and Preparation completed at Arcadia University

- Moore, C. C., Hubbard, J. A., Bookhout, M. K., Smith, M. A., Swift, L. E., Grassetti, S., & Morrow, M. T. (2023). *Adolescents' daily experiences and emotion: Relations with reactive and proactive aggression*. Manuscript in preparation.

Bookhout, M. K., Hubbard, J. A., Smith, M. A., Swift, L. E., Grassetti, S., & Morrow, M. T. (2023). *The role of childhood obesity in children's peer victimization*. Manuscript in preparation.

Hubbard, J. A., Bookhout, M. K., Smith, M. A., Swift, L. E., Grassetti, S., & Morrow, M. T. (2023). Implementation and evaluation of the Finnish KiVa Bullying Prevention Program in Delaware schools. Manuscript in preparation.

Publications completed at University of Delaware

Hubbard, J. A., Morrow, M. T., Romano, L. J., & McAuliffe, M. D. (2010). The role of anger in children's reactive versus proactive aggression. In E. Lemerise and W. Arsenio (Eds.), *Emotions, aggression, and moral development*. Washington, DC: APA Press.

Hubbard, J. A., Romano, L. J., McAuliffe, M. D., & Morrow, M. T. (2010). Anger and the reactive-proactive aggression distinction in childhood and adolescence. In M. Potegal, G. Stemmler, and C. Spielberger (Eds.), *International handbook of anger: Constituent and concomitant biological, psychological, and social processes*. Hillsdale, NJ: Erlbaum.

Hubbard, J. A., McAuliffe, M. D., Morrow, M. T., & Romano, L. J. (2010). Reactive and proactive aggression in childhood and adolescence: Outcomes, processes, experiences, and measurement. *Journal of Personality*, 78, 95-118.

Romano, L. J., Hubbard, J. A., McAuliffe, M. D., & Morrow, M. T. (2009). Connections between parents' friendships and children's peer relationships. *Journal of Social and Personal Relationships*, 26, 327-339.

Morrow, M. T., Hubbard, J. A., Rubin, R.M. & McAuliffe, M. D. (2008). The relation between childhood aggression and depressive symptoms: The unique and joint mediating roles of peer rejection and peer victimization. *Merrill-Palmer Quarterly*, 54, 316-340.

Hubbard, J. A., McAuliffe, M. D., Rubin, R. M., & Morrow, M. T. (2007). The anger-aggression relation in violent children and adolescents. In T. A. Cavell and K. T. Malcolm (Eds.), *Anger, aggression, and interventions for interpersonal violence* (pp. 267-280). Mahwah, NJ: Erlbaum.

Morrow, M. T., Hubbard, J. A., McAuliffe, M. D., Rubin, R. M., & Dearing, K. F. (2006). Childhood aggression, depression, and peer popularity: The mediational model revisited. *International Journal of Behavioral Development*, 30, 240-248.

McAuliffe, M. D., Hubbard, J. A., Rubin, R. M., Morrow, M. T., & Dearing, K. F. (2006). Reactive and proactive aggression: Stability of constructs and relations to correlates. *Journal of Genetic Psychology*, 167, 365-382.

Paper Presentations completed at Arcadia University

Slabaugh, J., & Morrow, M. T. (2022, October). *Strategies for pricing in counseling: Fear-inducing or facilitative?* Paper presented at the annual meeting of the Pennsylvania Counseling Association, Pittsburgh, PA.

Moore, C., Hubbard, J., Morrow, M., Barhight, L., Lines, M., Sallee, M., & Hyde, C. (2018, April). *Interaction of sympathetic and parasympathetic psychophysiology on children's reactive and proactive aggression in real time*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

- Hubbard, J., Bookhout, M., Swift, L., Smith, M., Grassetti, S., & Morrow, M. (2016, March). *Effectiveness of the KiVa Antibullying Program in US Schools*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.
- Suseendran, A., Robbins, S. & Morrow, M. (March, 2016). *Inducing reflective versus ruminative processing using first and third person primes*. Paper presented at the annual Meeting of the Eastern Psychological Association, New York, NY.
- Bartoli, E. Morrow, M., Gillem, A., Gaskin Dozier, C., & Mamolou, A. (2015, October). *Creating effective counselors: Integrated multicultural and evidence-based curricula in counselor education programs*. Paper presented at the annual meeting of the Association for Counselor Education and Supervision, Philadelphia, PA.
- Bartoli, E. Morrow, M., Gillem, A., Gaskin Dozier, C., & Mamolou, A. (2013, November). *Creating effective counselors: Integrated multicultural and evidence-based curricula in counselor education programs*. Paper presented at the annual meeting of the Pennsylvania Counseling Association, State College, PA.
- Morrow, M. T., Cuttic, J., Lineberger, J., & Cretekos, E. (2013, November). *Licensed Professional Counselors and integrated care: Contributions, barriers, and needs*. Paper presented at the annual meeting of the Pennsylvania Counseling Association, State College, PA.
- Morrow, M. T., Hubbard, J. A., Sallee, M. L., Barhight, L. J., Lines, M. D., & Rubin, R. M. (2013, April). *Dyadic accuracy and bias in preadolescents' perceived peer relations: Associations with aggression, depression symptoms, and peer victimization*. Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- Morrow, M. T., Hubbard, J. A., & Troy, L. E. (2013, April). *Relations among multiple types of peer victimization, reactivity to peer victimization, and academic achievement in fifth-grade boys and girls*. Symposium chaired and paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.

Poster Presentations completed at Arcadia University

- Morrow, M. T. (2019, November). *A psychoeducational children's book to prepare families for counseling*. Poster accepted for the annual meeting of the Pennsylvania Counseling Association, State College, PA.
- Moore, C. C., Hubbard, J. A., Barhight, L. R., Lines, M. M., Sallee, M., Hyde, C. T. (2017, April). *The psychophysiology supporting children's constructive responses to peer provocation*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- Meiser, C., & Morrow, M. T. (2016, November). *A qualitative investigation of the value and development of school-based peer mentoring groups for LGBTQ students*. Poster presented at the annual meeting of the Pennsylvania Counseling Association.
- Vincent, C. E., & Morrow, M. T. (2015, November). *The moderating impact of parental grief on the relation between negative parenting behavior and child aggression*. Poster presented at the annual meeting of the Pennsylvania Counseling Association, State College, PA.
- Morris, M., Morrow, M. T., Barhight, L. J., Shroff-Pendley, J., & Lutz-Stehl, M. (2013,

March). *Parent motivation and attendance in a child behavior therapy clinic*. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.

Other Scholarship completed at Arcadia University

Hallas, C., & Morrow, M. T. (2019). *My first visit to therapy: A guide for kids and caregivers*. Glenside, PA: Authors.

Contributions to Arcadia University

Committee Service

2025	Search Committee for Graduate Program in Counseling Faculty, Member
2024-2025	University Data Governance Program CORE Team, Member
2022-2024	University Course Evaluation Committee, Member
2022-2024	Faculty Sponsor for P4P, a graduate student group advocating for paid internships
2022-23	Led undergraduate Psychology Poster Symposia for Senior Thesis students
2021	Search Committee for Department of Psychology Administrative Assistant, Member
2020	Search Committee for Graduate Program in Counseling Associate Director, Chair
2019	Search Committee for Arcadia's Director of Institutional Research and Effectiveness, Member
2017	First-year Faculty Mentorship Program, Mentor
2016-2019	University Awards Selection Committee, Member
2015-18	University Grants Advisory Committee, Member
2014	Search Committee for Arcadia's Director of Counseling Services and Alcohol and Other Drug Programs, Member
2012-2015	Committee on the Protection of Research Subjects, Full board member and Subcommittee Chair for Expedited Psychology Proposals
2012-2015	Working Group for Developing Holistic Department Models, Member
2012-13	Graduate Academic Standing and Petitions Committee, Member
2012	New faculty orientation, Small-group leader
2012-Present	Nine separate job searches for Psychology faculty positions, Member

Program & Curriculum Development

2019-	Established <i>Counseling Internship Sustainability Grants</i> at Arcadia University
Present	Created a one-course discount for Arcadia alums accepted to Counseling program
	Oversaw comprehensive modification to counseling program's Student Support System
	Piloted counseling program's new targeted mentoring system to improve retention
	Established a one-course discount for Arcadia alum admitted to counseling program
	Refined counseling program's admissions and entrance requirements
	Developed a new system for documentation of student concerns
	Designed a comprehensive outcome assessment system aligned with program objectives
	Redesigned new student orientation program

- Digitized all program assessment tools and student progress folders
- Wrote comprehensive self-study for MPCAC reaccreditation
- Coordinated MPCAC site review of program, involving over 50 community members
- Oversaw program modifications necessary to earn re-accreditation
- Developed a checkpoint system for instructors to provide ongoing student feedback
- Worked with MARCOM to significantly overhaul program website
- Led the design of qualifying criteria for Accelerated Program and Master's Thesis
- Oversaw process of eliminating 48-credit MAC degree from our curriculum
- Reorganized counseling program budget; prepared budget request proposals
- Oversaw approval of the counseling program's Early Entry MA program
- Created program policy to allow undergraduate seniors to take counseling courses
- Hired over 20 new adjunct instructors to counseling program
- Modified counseling program's remediation policies and procedures
- Led modification of counseling program's system for interviewing applicants
- Coordinated redesigns of counseling program brochure and website
- Leading development of common counseling course policies
- Worked with University Relations to obtain a counseling program billboard
- Led the development of a Welcome Video to send admitted applicants
- Assisting with creation of a new Practicum Supervision course
- Assisting with redesign of two core counseling courses PY586 and PY620
- Leading redesign of two child counseling courses PY615 and PY621
- Updated program documents: Student Manual, Practicum & Internship Manuals
- Proposed and gained approval to offer scholarships and obtain additional GAs
- 2017 Co-led workshop on behavioral change skills for Department of Physical Therapy
- 2016 Assisted with development of a new counseling course, PY575
- Led the redesign of the counseling program's evidence-based curriculum
- 2014 Led the development of student qualifications to complete Master's thesis research
- 2013 Presented an evidence-based training model at Counseling faculty meeting
- 2012 Analyzed applicant GPA data to set standards for excusing applicants from GRE
- 2011 Offered consultation to Counseling faculty on teaching evidence-based practice
- Offering consultation to colleagues on evidence-based training in their courses

Research Advising

2011-Present Advising undergraduate and graduate students assisting my research

Adrienne Lee, Ruth Fossetta, Lauren Judit, Victoria Marshall, Karen Hua, Jiana Saigh, Katherine Higgins, Joanna Triplett, Kayleen Oliver, Amanda Thomson, Jin Zhao, Rebecca Lynn Cate, Jessica Cuttic, Elizabeth Cretokos, Jan Lineberger, Jillian Altomare, Nicholas Mediate, Marissa Sharp, Nicole Hassett, Carly McGee, Colby Ball

2011-Present Advising graduate students with independent research

Matthew Morris: Parent motivation and attendance in a childhood behavior therapy clinic; poster presented at Eastern Psychological Association

Nicole Cupitt: Predictors of disclosure of peer victimization to parents by youth in a residential mental health care; study approved, data gathered and analyzed

Christine Vincent, Sara Sokolow, Rennie Frame, & Erin Andersen: Development of a brief behavioral parent training program for bereaved families

Brooke Garwood, Christina Schneider, & Lisa Brutko: Mental health training for foster families; paper published in Journal of Pennsylvania Counseling Association

Marc Damario: Redesign of inpatient group therapy programming for adolescents; project presented at Belmont Behavioral Hospital, Philadelphia, PA.

Chelsea Hallas: Development of a psychoeducational children's book to prepare families for child psychotherapy; poster presented at conference of Pennsylvania Counseling Association and paper submitted to the Journal of the Pennsylvania Counseling Association

Joy Slabaugh: Strategies for Pricing in Counseling: Fear-inducing or facilitative? Paper presented at conference of Pennsylvania Counseling Association and paper in preparation for submission to the Journal of the Pennsylvania Counseling Association

Sierra Sheriff: Development of a psychoeducation children's book on mental health care for children with trauma

2012-2018 Advising undergraduate Psychology majors with senior thesis research

Karen Russo: A daily diary study of college students' attachment in long-distance romantic relationships

Christine Vincent: Relations between parent grief, discipline, and child externalizing behavior in bereaved families; paper published in Journal of Pennsylvania Counseling Association

Shannon Derr: The effects of a growth mindset on bystander intervention of peer victimization; paper published in the Journal of Interpersonal Violence

Leaha Shermeyer: Resilience in college students: Relations with daily stress, coping, and perceived control; papers published in Stress and Health and Journal of the Pennsylvania Counseling Association

Audrey Rutkowski: The effects of daily self-compassion-oriented writing on college students' daily psychological functioning

Rachael Durkin: Priming compassion satisfaction to influence helping behavior and perceived enjoyment of helping

2015-Present Advising graduate counseling students with Master's thesis research

Primary Advisor

Casey Meiser: A qualitative investigation of peer mentoring as a support for LGBTQ high school students

Adrianna Crenny: A case-control study of implicit and explicit bias toward mental disorder and mental health help seeking in college athletes and non-athletes

Jeremy Garcia: A qualitative analysis of current celebrity suicide coverage in popular newspapers

Secondary Advisor

Daniel Mack: Black counseling graduate students' progress in the face of anti-blackness: A mixed methods study

2017-Present Serving on doctoral dissertation committees

Kayleen Oliver: Family's end-of-life decision making for elders with dementia
Chestnut Hill College, Clinical Psychology program

Megan Bookout: Weight-based peer victimization in the transition to adolescence
University of Delaware, Clinical Psychology program

Community Service

2023 Consulted with Jason Correnti's on self-care portion of manual for museum workers involved in repatriation sacred items to their Indigenous peoples

2022-Present Consulted with Leader of CHOP's Pathway to Pediatric Psychology Program (P4) to increase access and opportunities for persons of color in pediatric psychology

2016-2019 Assisting the Network of Victim Assistance with an evaluation of their home-based Trauma-Focused Cognitive-Behavior Therapy program

2016 Assisted the Mindfulness Stress & Anxiety Management Center of Philadelphia with an evaluation of their innovative treatment model for patients with treatment-resistant Obsessive-Compulsive Disorder

2016 Provided lecture to fifth-graders visiting from Vare-Washington Elementary School

2015-2019 Delivered guest lectures on bullying and peer victimization in Dr. Elaine Jones' undergraduate seminar on children's socioemotional development

2013-14 Created series of behavioral health workshops for Montgomery County Foster Parent Association; supervised graduate students in delivering workshops
Project awarded 2014 Community Service Award by the Pennsylvania Psychological Association of Graduate Students

2013-14 Developed a parent management training program for Safe Harbor's Grief Support Groups (Abington Hospital); supervised graduate students in delivering trainings

2013-2019 Coordinating workshops with the Philadelphia Behavior Therapy Association
All workshops held on Arcadia University's Glenside campus

Interpersonal mindfulness and peer support in the ethical implementation of mindfulness- and compassion-based programs with highly distressed clients
by Dr. Chris Molnar (1/31/2019)

PBTA Lifetime Achievement Award and Address
by Dr. Phillip Kendall (5/13/2019)

Ethical Considerations Related to the Practice of Teletherapy in Pennsylvania
by Dr. Allan Tepper (3/15/2019)

Dialectical Behavior Therapy (DBT): Beyond the Basics
by Dr. Stephanie Mattei (4/27/2018)

Trial-Based Cognitive Therapy (TBCT): An Intensive Six-Day Training
by Dr. Irismar Reis de Oliveira (9/23-4/2016, 11/4-5/2016, 2/24-5/2017)

Mindfulness for Extreme Affective States
by Dr. Chris Molnar (5/26/2017)

PBTA Lifetime Achievement Award and Address

by Dr. Richard Heimberg (6/9/2016)

Why is Mindfulness Training Helpful across Many Psychological Disorders?

by Dr. Jeffrey Greeson (4/14/2015)

Back from the Brink: Using CBT to Help Suicidal Patients to Choose to Live

by Dr. Corey Newman (2/21/2015)

Comprehensive Behavioral Intervention for Tics (CBIT)

by Dr. Douglas Woods (1/24/2015)

PBTA Lifetime Achievement Award and Address

by Dr. Michael Kozak (9/19/2014)

An Introduction to Parent-Child Interaction Therapy (PCIT) in Community Settings

by Dr. Ashley Tempel (12/2/2013)

- 2012-2014 Provided consultation to McKinley Elementary School on bullying prevention
Collaborated with Dr. Steven Hooker (Arcadia University, School of Education)
- 2012 Delivered guest lecture on school bullying prevention in Professor Barb Micucci's
graduate course on the fundamentals of school counseling
- 2011-Present Offered expert consultation on topic of bullying to individuals and organizations:
Dr. Emily Crawford (Delaware Family Center)
Dr. Meghan Lines (Delaware Bullying Prevention Association)
Dr. Dahra Jackson Walker (La Salle University)
Corrina Storrs (Nemours Kids Health)
Kara Bello (yahoo.com)
Business Educator Forum
- 2011 Participated in revision of Delaware's anti-bullying legislation under leadership of
State Representative, Melanie Klein

Selected Professional Presentations, Trainings, Workshops

- Morrow, M. T. (2023). *We are powerful yet vulnerable tools: Trauma, self-care, and wellbeing in graduate counseling education*. Presented at Arcadia University, Glenside, PA
- Morrow, M. T. (2021-2023). *An introduction to the Graduate Program in Counseling at Arcadia University*. Presented at Arcadia University, Glenside, PA.
- Morrow, M. T. (2021-2024). *Info Session: Arcadia University's Graduate Program in Counseling*. Presented virtually from Arcadia University, Glenside, PA.
- Morrow, M. T. (2018). *Supporting kids and teens with bullying*. Presented at the Delaware Family Center, Wilmington, DE.
- Morrow, M. T. (2017). *Overview of evidence-based psychotherapies for children and adolescents*. Presented at Pace University, Pleasantville, NY.
- Damario, M., & Morrow, M. T. (2016). *Evidence-based programming for inpatient adolescent units*. Presented at Belmont Behavioral Hospital, Philadelphia, PA.
- Morrow, M. T. (2012). *Evidence-based practice competencies in professional counselor training*. Presented at the Pennsylvania Association for Counselor Education and Supervision (PACES) Eastern Regional Conference, Newtown, PA.

- Morrow, M. T. (2012). *Working with students who bully: Bringing best clinical practices to school*. Workshop delivered for the Abington School District, Abington, PA.
- Morrow, M. T. (2011). *COPE Healthy Lifestyles TEEN Program*. Training provided at Nemours Health and Prevention Services, Newark, DE.
- Morrow, M. T., Tynan, W., Angalet, G., & Kane, C. (2011). *Promoting positive youth behavior: A behavior management workshop for youth serving professionals*. Trainings provided at Delaware YMCA programs (Dover, Newark, and Wilmington).
- Morrow, M.T., & Tynan, W. (2010, 2011). *Behavioral health training for pediatric residents*. Trainings provided at A. I. duPont Hospital for Children, Wilmington, DE.
- Morrow, M. T. & Kingsley, R. (2010). *Bullying and peer victimization: Prevention and intervention*. Presented at Grand Rounds for the Alfred I. duPont Hospital for Children, Wilmington, DE.
- Morrow, M. T. (2010). *Raising girls above bullying*. Presented at a conference for the Delaware chapter of Girls on the Run, Wilmington Friends School, Wilmington, DE.
- Chaiken, L., Tynan, W., & Morrow, M. T. (2010). *Stigma and childhood obesity prevention: Addressing weight bias in healthcare settings*. Presented at the Delaware Primary Care Initiative on Childhood Overweight, Polytech Adult Education Center, Woodside, DE.
- Morrow, M. T. (2010). *Bullying prevention: Strategies for families, schools, and communities*. Presented at the Safe Kids Conference, Modern Maturity Center, Dover, DE.
- Morrow, M. T., Shroff-Pendley, J., Gaskins, C., & James, M. (2010). *Early childhood school consultation*. Presented at the Breakfast Speaker Series for Social Venture Partners Delaware, Nemours Health and Prevention Services, Newark, DE.
- Morrow, M. T. (2010). *Peer victimization: Practical strategies for families*. Presented at A Childhood Odyssey Lecture Series, The Centreville School, Centreville, DE.
- Gaskins, C., & Morrow, M. T. (2010). *Behavior management in early childhood*. Presented at the Latin American Community Center, Wilmington, DE.
- Morrow, M. T. (2008, 2009, 2010). *Clinical interventions for peer victimization*. Presented at the A.I. duPont Hospital for Children Psychology Internship Seminar Series, Wilmington, DE.
- Morrow, M. T. (2008). *Bullying among youth*. Presented at the Lunch and Learn Lecture series, Astra Zeneca, Wilmington, DE.