

Molly A. Malloy, PT, DPT, OCS
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EDUCATION

May 2017 - Doctorate of Physical Therapy (transitional)
Arcadia University, Glenside, Pennsylvania

December 1997 - Master in Physical Therapy,
Saint Louis University, St. Louis, Missouri

May 1996 - Bachelor of Exercise Science
Saint Louis University, St. Louis, Missouri

LICENSURE

Pennsylvania Physical Therapy License – current
Illinois Physical Therapy License – current
Colorado Physical Therapy License – Expired

PROFESSIONAL CERTIFICATIONS

- APTA Orthopaedic Certified Specialist – March 2003, July 2013 (recredentialed)
- Certified Pilates Instructor – Body Arts Science International 2003

PROFESSIONAL EXPERIENCE

2019 – present Arcadia University, Glenside, PA

Job Title: Assistant Professor

- Orthopaedic Residency Program Director
- Management of residents, mentors and curriculum development

2019 – 2019 ATI Physical Therapy, Ambler and Jenkintown clinics, PA

Job Title: Staff Physical Therapist

- Treating diverse outpatient Orthopaedic caseload 26 hours per week

2008 – 2019 The University of Chicago Medical Center, Chicago, IL

Job Title: Physical Therapy Residency Program Director

- Development and management of Orthopaedic and Pediatric residency programs - APTA credentialing 2010, Re-credentialing 2016
- Treated general outpatient Orthopaedic caseload 50% of time
- Recruitment and curriculum development for Orthopaedic and Pediatric Residency programs
- Direct Manager of 4 residents yearly
- Graduated 38 residents in Orthopaedics and Pediatrics
 - 100% passing rate for boards
 - 3 graduates are pursuing PT/PHD post graduate studies

- 4 graduates are teaching as adjunct faculty
- 1 graduate started another Orthopaedic residency program
- Mentoring and yearly assessment of all residency faculty
- Primary faculty for clinical reasoning, hip, and lumbar spine education modules for Orthopedic and Pediatric PT residency programs
- Organized post graduate program board of directors - biannual meetings to establish consistency between 5 programs within therapy department
- Developed and taught musculoskeletal education program for Internal Medicine Residents at the University of Chicago Medical Center

2007 – 2008 **Howard Head Sports Medicine Centers, Vail CO**

Job Titles: Director of Inpatient and Outpatient Physical Therapy Services

- Direct supervision of 23 physical and occupational therapists
- Co-Director of Sports residency program
 - APTA credentialed 2008
- Direct supervisor for 9 therapy team leaders for hip, knee, shoulder, hand, and spine physicians of the Steadman Hawkins Clinic
 - Weekly leadership and management training of all team leaders
 - Assisted team leaders in staff mentoring and management
- Development of Spine, Shoulder, Knee and Hip education modules and competency examinations for HHSMC employees
- Weekly meetings with VVMC administration, Vice Presidents, Directors of Admissions and Billing to plan for growth and development of VVMC and HHSMC

2006 – 2007 **Impact Sports Medicine Center, Broomfield, CO**

Job Title: Staff Physical Therapist

- Treatment of all orthopedic diagnosis, sports medicine focus
- Development of Spine, Knee and Hip competency modules for Impact employees

2003 – 2006 **Howard Head Sports Medicine Centers, Vail CO**

Job Title: Director of Inpatient and Outpatient Physical Therapy Services

- Direct supervision of 23 physical and occupational therapists
- Director of Sports residency program for HHSMC 2005-2006
- Direct supervisor for 9 therapy team leaders for hip, knee, shoulder, hand, and spine physicians of the Steadman Hawkins Clinic
 - Weekly leadership and management training of all team leaders
 - Assist team leaders in staff mentoring and management
- Development of Spine, Shoulder, Knee and Hip education modules and competency examinations for HHSMC employees
- Coordination of Vail Resorts Injury Prevention and Sports Series, over 50 hours of educational lectures and events per year

2000 – 2003 **Howard Head Sports Medicine Centers, Vail CO**

Job Title: Staff Physical Therapist

- Lead therapist for Sports Medicine Spine physicians
- Educational Coordinator for staff meetings, journal reviews, professional lectures and community lectures
- Developed surgical and non-operative spine, hip, knee, ankle, and shoulder protocols for the Steadman Clinic Physicians

- Extensive experience with rehabilitation of professional athletes including members of the US ski/snowboard team, NBA, NFL, MLS, European Football League, USTA

1998 – 2000 **The University of Chicago Medical Center, Chicago IL**

Job Title: Staff Physical Therapist

- Rotating therapists through all areas of specialty from 1998 – 1999
- Level II therapist in Orthopedics 1999-2000

PROFESSIONAL SERVICE

- APTA Orthopaedic Section Practice Committee Member - 2016-2022 (Residency/Fellowship representative)
- Orthopaedic Section Residency/Fellowship SIG member – Curriculum committee
- APTA Education Section - assisted collaborative “Think Tank for Residency and Fellowship Education” reviewer of curriculums 2018-2019

LEADERSHIP DEVELOPMENT TRAINING

- Leadership Development Program at University of Chicago Medicine
 - Mastering Three Conversations to Stop Turnover – January 2019
 - Reducing Stress and Burnout – November 2018
 - Facilitating Effective Teamwork – August 2018
 - Instilling Accountability – June 2018
- Assessment of Student Learning (Rebecca E. Porter PT, PhD) Chicago IL, March 2016
- American Leadership Forum Fellowship Program: Vail, CO, August 2004 – May 2005
- Exploring Leadership, White River Institute: Vail, CO, 2002

TEACHING EXPERIENCE

2009 – 2019

University of Chicago Medical Center Orthopaedic & Pediatric Residency Faculty

- Clinical Reasoning faculty 2011-2019 (2 weeks per year)
- Hip Module primary faculty 2009- 2019 (5 weeks per year)
- Lumbar spine primary faculty 2009-2018 (7 weeks per year)
- Knee module primary faculty 2009-2012 (5 weeks per year)

PROFESSIONAL PRESENTATIONS

- **Pilates and Core Strengthening**, FORE/AANA World Series of Live Surgery: Chicago Illinois, September 2019
- **Lower Quadrant Medical Screening**, University of Chicago Primary Care Medical Resident Coursework: Chicago Illinois, May 2017, May 2016, May 2015
- **Rehabilitation of Meniscal Tears**, University of Chicago Sports Medicine conference educational lectures: Chicago, Illinois, September 2014

- **Rehabilitation of Cartilage Injury of the Knee**, University of Chicago Sports Medicine conference educational lectures: Chicago, Illinois November 2014
- **Lumbar spine and Hip pathology from a Musculoskeletal Background** University of Chicago Medical/Pediatric Physician Retreat keynote lecture: Chicago, Illinois, May 2014
- **Arthrofibrosis of the knee**, University of Chicago Medical Center Sports Medicine Lecture series: Chicago, Illinois, February 2010
- **Hip Pathology**, University of Chicago Medical Center Sports Medicine Lecture Series: Chicago, Illinois, March 2009
- **Evaluation and Rehabilitation of Hip Injuries and Advancements with Hip Arthroscopy**, Impact Sports Medicine Centers: Denver, Colorado, January 2007
- **Biomechanics and the Science behind Pilates/Core Stabilization**, Impact Sports Medicine and Cornerstone Orthopedic Surgery Lecture Series: Denver, Colorado, April 2006
- **Updates of Evaluation and Treatment of the Lumbar, Cervical and Thoracic Spine** Impact Sports Medicine Center, Denver, Colorado, April 2006
- **Principles of Rehabilitation**, Steadman Hawkins Clinic MD Conference: Vail, Colorado, June 2005
- **Biomechanics and the Science behind Pilates/Core Stabilization** Steadman Hawkins Clinic MD Conference: Vail, Colorado, December 2004
- **Pilates Educational Course**, Howard Head Sports Medicine Center: Vail Colorado, June 2003
- **Pilates for the Physical Therapist**, Howard Head Sports Medicine Center: Vail Colorado, April 2003 & Sept 2003
- **Functional Return to Sports – Core Stabilization**, Howard Head Sports Medicine Center: Vail Colorado, April 2002
- **Shoulder Pathology**, Howard Head Sports Medicine Center: Vail, Colorado, October 2001
- **Evaluation and Treatment of the Lumbar Spine**, Howard Head Sports Medicine Center: Vail, Colorado, November 2000
- **Treatment of Back Pain with the Elite Athlete**, University of Chicago Sports Medicine Conference: Chicago, Illinois May 2000
- **University of Chicago Back School Program**, University of Chicago Medical Center: Chicago, Illinois, March 2000

PEER REVIEWED PUBLICATIONS

- Means AD, Petronic-Rosic V, **Malloy M**, Stein SL. Pediatric Dermatology Photoquiz: Localized Targetoid Plaques in a Teenager. *Pediatr Dermatol.* 2015 Nov-Dec;32(6):869-70. doi: 10.1111/pde.12660

- Malloy P, **Malloy M**, Draovitch P. Pitfalls and Guidelines for rehabilitation following hip arthroscopy. *Curr. Rev. Musculoskel. Med.* 6; 235-241. 2013
- Stalzer S, Wahoff M, **Scanlan M**: Rehabilitation following Hip Arthroscopy. *Clin Sports Med* 25; 337-357. 2006
- Stalzer S, Wahoff M, **Scanlan M**: Rehabilitation after Hip Arthroscopy. *Operative Techniques in Orthopedics* 15; 280-289. 2005

BOOK CHAPTERS

- **Malloy M**, Wood R, Malloy P. Non-Operative Rehabilitation of the Hip. In Nho SJ, Luenig M, Larson C, Bedi A, Kelly BT. *Hip Arthroscopy and Hip Joint Preservation Surgery*. Springer Science +Business Media: New York, NY 2014. DOI: 10.1007/978-1-4614-7321-3_2-1

POSTERS and PLATFORMS

- Stapleton ZM, Plass LM, **Malloy M**. Identification of a Compression Fracture in a Patient with Pain Following Traumatic Assault. (Poster Presentation) APTA Combined Sections Meeting January 2019. Washington DC
- Wright A, Hensley C, Gilbertson J, **Malloy M**, Jackson S. Defining Patient Acceptable Symptom State Thresholds for Patient Reported Outcomes Measures in Orthopaedic Practice. (Platform Presentation) APTA Combined Sections Meeting February 2015, Indianapolis IN
- O'Hara MC, **Malloy M**. Management of Benign Paroxysmal Positional Vertigo in a Patient With A Clavicular Fracture: A Resident's Case Study. (Poster Presentation) Combined Sections Meeting, Anaheim CA, February 2016 and (Poster Presentation) Illinois Physical Therapy Association Revitalize Conference and Expo, Oak Brook, IL, April 2015.

TRANSITIONAL DPT COURSEWORK

- Arcadia University (Glenside, PA)
 - PT 504 Physical Therapy Teaching Methods (2017)
 - PT 555 Pharmacology (2016)
 - PT 702 Case Analysis (2016)
 - PT 556 Diagnostic Imaging (2015)
 - PT 656 Neuromuscular Tissues (2015)
 - PT 705 Orthopedic Physical Therapy (2014)
 - PT 547 Health Promotion and Wellness (2014)
 - PT 505 Clinical Decision Making (2014)
 - PT 508 Medical Screening (2014)

CLINICAL CONTINUING EDUCATION

- Gross Dissection and Kinesiology of the Lower Extremity: (Donald Neumann Ph.D., PT, F.A.P.T.A.) Marquette University, Milwaukee WI, July 2018
- Combined Sections Meeting APTA: San Antonio, TX Feb 2017

- Combined Sections Meeting APTA: Anaheim CA, Feb 2016
- Combined Sections Meeting APTA: Indianapolis IN, Feb 2015
- Pharmacology for Physical Therapists, APTA: Chicago, IL, Jan 2014
- Combined Sections Meeting APTA: Chicago, IL, Feb 2012
- Northeast Seminars Hip course: The Hip Clinical Medicine and Sports Science, Applications to the Hip and Trunk: Seattle, WA, April 2012
- November 2011, Maitland Symposium: "The Maitland Approach- Truly Evidenced Based Clinical Practice": Chicago, IL, October, 2011
- Midwest Orthopedics at RUSH hip symposium: Chicago, IL, November 2011
- Residency and Fellowship Mentoring: Advancing the Resident and Developing the Faculty – Feb 2011 Combined Sections New Orleans, LA, February 2011
- Combined Sections Meeting APTA – New Orleans, LA, February 2011
- BET – Back Education and Training, The Institute of Physical Art: Appleton, WI October 2010
- APTA Basic Credentialed Clinical Instructor Program: Chicago IL, March 2009
- Maitland MT-2: Vail, CO, November 2006
- Anatomy and Biomechanics of the Foot and Ankle Joint, Keith Christiansen MPT, COMT, Denver CO, September 2006
- Introduction to Evidenced Based Practice: Tara Ridge MS, PT, SCS, Vail CO, June 2005
- Pilates for the Physical Therapist: BJ Huttner; Avon, CO, May 2004
- Body Arts Science International Pilates Certification: Rael Isacowitz, MA; Avon, CO, March 2002 – September 2003
- Rael Isacowitz Pilates Workshop: Avon, CO, March 2002
- Polestar Pilates Course: San Francisco, CA, Feb 2002
- Cervical Spine and Thoracic Outlet Syndrome: (Peter Emerson PT, MMTC) Vail, CO, December 2000
- Biomechanics of the foot in walking, a functional approach: (Tom McPoil PT, PHD, ATC) Chicago IL, September 2000
- S1 – Introduction to Spinal Evaluation and Manipulation; University of St. Augustine: Chicago, IL, June 2000
- McKenzie Part A: The Lumbar Spine Evaluation and Treatment: (Julie Marley PT Dip. MDT) Chicago IL February 2000

- Five Days of NDT: City Kids Chicago, IL, May 1999
- The Productive Therapist in the Productive Clinic: (Peter Kovacek PT) Chicago, IL, February 1999
- When the Foot Hits the Ground Everything Changes: (Stan Smith PT) Chicago IL, Nov. 1998
- Evaluation and Treatment of the Patient with Cardiopulmonary Dysfunction: (Scott Irwin PT, CCS) Detroit MI, June 1998

PROFESSIONAL MEMBERSHIPS

1998 – present American Physical Therapy Association, Orthopaedic Section

REFERENCES

Available upon request