Clearance Requirements

Clearance Requirements
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PA Program Clearance Information

All Vaccinations and guidelines herein are based on CDC guidelines for healthcare providers as well as requirements of the hospital systems we utilize for your training. At this time, many hospital systems do require a yearly repeat of clearances. Those that do not need to be repeated will be designated within their respective categories. Please obtain a copy of your vaccination history (dates of administration) to bring with you and keep for your records. All clearances for the clinical year must be completed within the month of April.

Within Exxat, Purchase the Approve Services ($35 annually). Once you are sent the welcome email from Exxat (one of our learning management programs), please create your login and password to the system. You will then be prompted to purchase your Approve Services (the HIPPA compliant document review) as well as setting up your Exxat profile. Only the background check and urine drug screen found in Exxat will need to be completed prior to matriculation into the program. These items should be done in the month of April. For Clinical year students, repeat clearances must be completed in the month of April prior to the start of the clinical year.

See additional requirements for Student Health Services within the weblink. These important requirements are separate from the PA department requirements. Please contact Student Health services with any questions pertaining to Student Health requirements.

Updated Feb 2022 (KE)
Student Health Services Requirements (To Be completed prior to matriculation)

Arcadia’s Student Health Services also has clearance requirements for all students at both campuses (link below).

Health Insurance

**Start Date:** April 1  
**Due Date:** May 24 (Matriculating Students)  April 30 (Students entering Clinical Year)

- It is an Arcadia University policy that all students are insured. All students must be covered by health insurance while in the PA program
- Detailed information can be found on the [Student Health Services Page](#) for Physician Assistant students
- Upload the insurance card for the coverage you will have at and after matriculation into your Exxat required documents

Student Health Services - Physical Exam Form

- Please visit [Student Health Services](#) Page for Physician Assistant students
- Download the “SHS Physical Exam form” and have it completed by your PCP
- All examinations must have been completed within the last year prior to matriculation.
- Upload your Physical Exam form into the student health portal.
- Please take the “PA Health Record form Immunization only (Year)” to your PCP to fill out your vaccination dates.
  - Please obtain a printed copy of your vaccination history from your provider to submit to student health services.

Students who do not complete Student Health Services requirements will have a Health Hold placed on their records and cannot be registered for classes.

Updated Feb 2022 (KE)
Student Health Services clearance requirements

Pre-Matriculation To Do:

Urine Drug Screen* (Please complete prior to matriculation)
*ANNUALLY RENEWED ITEM – Don’t Complete Early!
(Clinical Year - To be done between April 1-30th.)

- Order for UDS can be found in Exxat, Please purchase your UDS through this system and they will generate a labcorp or quest lab sheet for you to complete this test.
- 10 Panel +Oxycodone Drug Test
- Universal will upload your results into Exxat for you once they are complete
  - If your results return positive for a controlled substance and you are given a prescription for it, please upload a provider’s note stating that you have a prescription.

Background screening Clearances and PATCH* (Criminal Background check)
(Please complete prior to matriculation)
*ANNUALLY RENEWED ITEM – Don’t Complete Early!
(Clinical Year - To be done between April 1-30th.)

Please purchase your background check and PATCH report within Exxat.

- Social Security (please make sure to supply the name as it appears on your social security card)
- Address/Alias Trace
- Statewide Criminal Court Search
- State Criminal Repository Search
- OIG/GSA Bundle
- USA Criminal Search and USA Offender*
  - *Background Standard Package includes all third-party fees, other than the New York Statewide (NYOCA) which would be billed to the client, when applicable. The Background Standard Package includes The Pennsylvania Statewide Criminal Repository (PATCH) search and one (1) Pennsylvania Statewide Criminal Search.
- Universal will upload your results for both the background screening and the PATCH into exxat once they are completed

Updated Feb 2022 (KE)
Instructions on how to order UDS and background checks

Clearances that will be completed during the summer semester:

PA Immunization Record Form* (Will be completed on campus Summer semester)
[VIEW FORM](Can also be found on Student Health Website)

*ANNUALLY RENEWED ITEM – Don’t Complete Early!

- Upload to Exxat, **do not include anything but this one page document**
- You may put in vaccination dates OR titer results into this document
- **Do not** upload a full physical examination document here (the full physical examination document needs to be uploaded directly to Student Health Services only.)
- **Student Health Services clearance requirements**

Hepatitis B (HepB) Titors (Will be completed on campus Summer semester)

A. **Titers:** Upload lab report showing Quantitative HBsAb titer results with numerical results showing immunity (HBsAg not acceptable). If you have documented + titers, a repeat is not necessary. A positive or negative result will not be accepted. Please ask your provider to perform a Quantitative HBsAB titer.

- If low, equivocal or unresponsive results:
  - Upload your equivocal or unresponsive result with a provider note (if possible) outlining the plan to get the booster’s by the due date.
  - get 3 dose HepB vaccination series (dose #1 now dose #2 in 1 month, dose #3 approximately 5 months after dose #2)
  - Repeat the titer 1–2 months after dose #3

Updated Feb 2022 (KE)
If titer remains negative, upload a letter from your healthcare provider which states you are a “non-responder” to Hepatitis B.

Measles, Mumps & Rubella (MMR) Titors (Will be completed on campus Summer semester)

A. **Titers:** Upload lab report showing positive IgG antibody titers (IgM not acceptable) with numerical results. If you have documented + titers, a repeat is not necessary. A Positive or negative result will not be accepted. Please ask your provider to perform a Quantitative MMR IgG titer.

- Following CDC guidelines as well as Hospital systems involved in your training, If low, equivocal or unresponsive results:
  - If low, equivocal or unresponsive results to Measles or Mumps
    - You will need to upload documentation of your vaccination dates of MMR vaccine
    - No booster is necessary here.
  - If you, equivocal or unresponsive results to Rubella
    - You will need to upload documentation of your vaccination dates of MMR vaccine
    - If you have only received one dose of MMR vaccine, you will need to get a second booster shot and upload documentation into exxat.
  - IF you have not received the MMR vaccine in the past, you will need to get both doses for compliance.

Tetanus, Diphtheria and Pertussis (Tdap) Vaccine or Booster (Will be completed on campus Summer semester)

A. **Vaccine or Booster:** Upload documentation of Tdap vaccine or booster (Td not acceptable, must contain pertussis)

- Tdap vaccine or booster must have been received within ten years.

Updated Feb 2022 (KE)
• If vaccine or booster was received ten or more years prior, receive booster and upload documentation

Varicella (Chicken Pox) Titers (Will be completed on campus Summer semester)

A. Titers: Lab report showing positive IgG antibody Varicella titers (IgM not acceptable) with numerical results. If you have documented + titers, a repeat is not necessary. A Positive or negative result will not be accepted. Please ask your provider to perform a Quantitative Varicella IgG titer.

• If low, equivocal or unresponsive for the Varicella titer:
  ○ Upload your equivocal or unresponsive result with a provider note (if possible) outlining the plan to get the booster’s by the due date.
  ○ If titer is negative/low/equivocal, get 2 doses of Varicella vaccine, 4 to 8 weeks apart
  ○ Repeat Varicella IgG antibody titer at least 6 weeks after two doses are complete. Upload results to Exxat
  ○ If titer remains negative, obtain a letter from your healthcare provider stating you are a “non-responder”

Polio Vaccination: Immunization dates needed.

A. Vaccination: must follow these criteria
  • The 4-dose IPV series should continue to be administered at ages 2 months, 4 months, 6--18 months, and 4--6 years.
  • Final Dose must be given > age 4
  • Must have a 6 month interval between dose 3 and 4
  • Minimum age of Dose 1 > 6 weeks

CDC Most recent Guidelines

Updated Feb 2022 (KE)
Tuberculosis / TB Blood or Skin Test*

(Will be completed on campus Summer semester)

*ANNUALLY RENEWED ITEM – Don’t Complete Early!

Please note, when you renew this requirement for year two you will be required to use the same test format you choose here (to allow comparison to baseline)

CDC Guidelines about Quantiferon Gold vs TST

A. Blood Test (recommended): Quantiferon Gold or T-Spot

- Blood test requires only one visit and may be included with your annual physical exam
- If you previously received the BCG vaccine (commonly given to children who grew up outside the US), get a TB blood test

B. Alternative Skin Test: 2 Step PPD

- Skin test requires 4 visits total (two tests and two readings) per year
- Two tests may be performed one week to six months apart
- Each test must be read 48 – 72 hours after it is placed
- Sample schedule: Test #1: Day 1, Reading #1: Day 3 or 4, Test #2: Day 8, Reading #2: Day 10 or 11
- Documentation must be provided of placement and reading of each PPD

C. Xray: If you previously received positive results to testing, upload a clear chest Xray report to Exxat

PA State Fingerprinting* (Will be completed on campus Summer semester)

*ANNUALLY RENEWED ITEM – Don’t Complete Early!

PA State FBI Fingerprinting Report (Must be complete in State of PA)

Each class will be instructed on when to complete the fingerprinting.

Upload fingerprinting results to Exxat as soon as received.

Updated Feb 2022 (KE)
PA Fingerprinting Instructions

Pennsylvania Child Abuse History Clearance - Department of Human Services (Will be completed on campus Summer semester)
*ANNUALLY RENEWED ITEM – Don’t Complete Early!

How to obtain PA Child Abuse History Clearance
ALL students (PA and DE) must complete both PA and DE Child abuse clearances.
Upload results into Exxat

Delaware Child Abuse Clearances (Will be completed on campus Summer semester)
*ANNUALLY RENEWED ITEM – Don’t Complete Early!
How to obtain Delaware Child Abuse History Clearance
ALL students (PA and DE) must complete both PA and DE Child abuse clearances.
Upload results into Exxat.

Influenza Vaccine
Start Date: August 15
Due Date: October 15

- Students must have a flu shot administered in their first and second years for the flu season
- Do not upload documentation of flu shots received prior to August 15th. All Flu vaccinations must be obtained and documentation uploaded into Exxat by October 15th
  - Flu Vaccinations will be available on campus in the fall every year through student health services.
- You may go to an outside site for your Flu shot, however documentation must be complete with all requirements.
  - Document must include - the name and address of the site who administered flu shot as well as the lot number and expiration date.

Updated Feb 2022 (KE)
COVID-19 Vaccine

- Students are required to have documentation of the COVID-19 vaccine.
- A booster may also be required per clinical site guidelines.
- Hospital systems in which you will be rotating are mandating this requirement, and without such we can not guarantee sufficient clinical placements to meet graduation requirements.

How to upload your documents into Exxat

V3 Stepps Instructions

Q&A Document for Clearances
Student Health Fees and Costs (as of 9/21/21)

SHS is a pay for service office. You may submit your receipts to your own insurance for reimbursement after your visit. Be sure to ask for a receipt if you would like to submit this information. SHS will not charge insurance on your behalf.

SHS is not able to come to the DE campus due to licensing constraints. All students will be given ample opportunity within the schedule to come to Glenside to obtain these clearance requirements. (For sick visits, DE students may utilize UDel’s Student Health. UDel’s student health is unable to complete these clearances for Arcadia Students.)

- PA Student Health record and immunization form ($30 copay and completed form)
- Quantiferon gold test ($5 copay)
- Fit Testing (Clinical year students) ($40 fee)
  - Students must bring their own N95 to this appointment as well as the OSHA form (found in exxat) to be filled out during the exam.
- LabCorp titer pricing:
  - Hepatitis B Surface Antibody Quant: $21
  - Varicella Zoster Ab, IgG: $36.75
  - Measles/ Mumps/ Rubella Immunity: $36.75
- Booster Shot pricing (if needed):
  - Heb B Booster series: $75
  - Varicella booster: $130
  - MMR Booster: $80

Updated Feb 2022 (KE)