



Suggested mid-semester advising questions for advisees

Advisors can involve students actively in the process of building the relationship. Before or during an advising session, advisors can encourage students to reflect on how their semester is going, their learning experience, and how they are progressing at their earlier shared goals and academic skill development. Below are possible questions to guide this reflection and relationships building that would be helpful to include in the advisor student mid-term meeting. As students come into the conversation as a whole individual and their non-academic experience affects their academic success and growth mindset this larger frame has been incorporated into this set of questions.

1. What things are going well for you?
2. What issues have emerged?
3. How are you doing on reaching the goals you set at the beginning of the semester?
4. Do you have concerns about your classes? If you do, what are they?
5. What about nonacademic parts of your life (meeting new people; keeping responsibilities and free time in balance; making time to eat, sleep, exercise)? Are you doing as well as you would like?
6. What is your favorite class this semester? Why?
7. What have you learned about yourself since you started college?
8. Based on your experience so far, what do you hope to do the same or different for the rest of the semester?
9. How are you doing on improving the academic skills you targeted at the beginning of the semester?
10. Is there anything else that you would be good for me to know?