



Arcadia University's Honors Program

HONORS PROJECTIONS

Featuring projects of all disciplines created
by our accomplished students
Fall 2023

August 16th 6:30-9:15

Zoom Links on the next page



HONORS PROJECTIONs

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Honors Students, in lieu of a traditional thesis, are required to do a semester long project outside their majors. Here at Arcadia, the Honors Students are encouraged to explore their passions. We know, with the right support, students can accomplish anything they choose to pursue. So we provide the tools and support to help them realize their potential. And they take their tremendous talents, dedication, passion and vision to accomplish formidable projects. Thank you to all the mentors who helped our students achieve these amazing projects this year and for all years. We invite the Arcadia community to engage in the larger conversation around these projects on November 30th in Brubaker 301!

Congratulations to this semester's Honors Project Students!

Zoom link for November 30th

arcadia.zoom.us/j/98389831163

(ID: 95982967375)



HONORS PROJECTIONS

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November 30th, 3:00pm-7:30pm



AUGUST PATTERSON

3:00

Fantasy Fashion of Lorifilies

Mentor: Carole Loeffler, Assistant Director of Honors, Professor – Visual and Performing Arts

Anthropology, 2026

Traditional clothing from August's original story come to life! A forrest healer's ritualistic garments are the main feature with storytelling undertones.



ISAAK COURTRIGHT (HE/HIM)

3:30

The Blend of Creativity and History in Chinese Literature

Mentor: Daniel Schall, Assistant Professor, Department of English

Chemistry, 2026

Project Link: <https://sites.google.com/view/history-in-fictional-clothing?usp=sharing>

This project analyzes the way authors of Chinese historical fiction blend their worlds' culture with the historical culture through the lens of clothing. A brief historical timeline of clothing in China and the meaning and relationships between colors in China lay the foundation for this project. All of the outfits that are analyzed are compared to a standard scoring rubric to determine historical accuracy, how it embodies the character, etc, in order to reduce bias in comparisons. One of the outfits that is analyzed is also recreated, and the process and implications of recreating historical/historically inspired outfits are discussed.



ALLY ZOLTY

3:45

Ins and Outs of Strength and Conditioning

Mentor: Dave Hughes, Strength and Conditioning Coach

Public Health (Pre-PT), 2025

My project is a compiled blog about research I have done on strength and conditioning and the benefits it has on athletes. I have spent time in and out of the weight room compiling my information to share with others.



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LIVIA KLEINER (*SHE/HER*)

4:00

Jazzing Up Jazz Bridge

Mentor: Alan Powell

Media and Communications, 2024

For my project, I experienced what it's like working with a non-profit organization. I chose Jazz Bridge, a Philadelphia non-profit that financially assists and gives opportunities to Jazz musicians. I designed flyers, created social media posts, filmed and edited videos, and photographed their concerts. All of the content I created was given to the organization; much of it is now on their website or social media. Through this project I learned about graphic design, photography, and marketing, in addition to learning about how to work for a non-profit and successfully assist them.



JULIANNA RODRIGUEZ (*SHE/HER*)

4:15

Designing Album Covers

Mentor: Christian "Patch" Patchell, Full-time Visiting Professor of Visual and Performing Arts

Computing Technology, 2025

Every time I create a piece of artwork, I put on my headphones, and listen to music that inspires me. For me, music and art allow me to express myself and create what I feel. For this project, I wanted to study the relationship between music and art, and what better way of doing it by designing album covers. I decided to choose two artists from different time periods and let their music inspire my designs for their respective album covers. Throughout the process, I have discovered the history behind album covers, and how it started and transformed the music industry in how people perceived an artist's music. It has allowed me to view music and art in a different way as well, which has changed me as an artist and designer.



MADI COSTIGAN

4:30

A New Soundtrack for The Princess Diaries

Mentor: Professor Gralin Hughes, Media and Communication

English, 2024

Link: <https://docs.google.com/presentation/d/1CNv4w3YQPmXp80Cqi72AntihGzBmH8ZCiW9SSdSddMQ/edit?usp=sharing>

I am choosing new songs for scenes in the movie, the Princess Diaries. I am learning how music contributes to the mood of a scene and the audience's emotional reactions through lyrics, instruments, and chords, and demonstrating this knowledge by choosing effective songs for the scenes I choose and explaining that choice through analyses of the songs.



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JULIA STEPHENS (SHE/HER)

4:45

Success on a Platter: A Healthy Living Guide for College Students

Mentor: Sam Maiorino, Athletic Trainer/Nutrition Specialist
Psychology, 2024

College is the first glimpse of independence for most students and, although it can be a freeing opportunity, it can also be a struggle jumping into this experience. Many college students enter school without the proper knowledge, motivation, or experience to take care of their bodies through healthy nutrition. I never realized how impactful this was until I got to college and couldn't rely on my mom's home-cooked meals every night. In my project, I learned about the basics of healthy living and the importance of nutrition for the mental health and functioning of college students. I put together simple recipes for students to combat the limitations of dorm living, included beginner-level cooking tips, and demonstrated brain-fueling meals for students to follow both from their dorm/apartment and at the dining hall.



LAYLA ENGLE (SHE/HER) & **STEPHANIE MANFREDI** 5:00
(SHE/HER)

Students, Take a Hike!

Mentor: Dr. Lauren Howard, Professor of Biology

Both Biology, 2024

We know what it feels like to be trapped inside the same buildings every day, so we wanted to encourage other students to go outside and "take a hike!" Together, we have hiked four trails within 20 minutes of Arcadia University that offer lots of natural sites and calming vibes. We documented everything from the history of each trail to the species we found along the way. Want to know more? Scan our QR code below to visit the website. Now, grab your friends and go take a hike!



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DHRISTI PADHIAR (SHE/HER)

5:30

How to Army: Video Tutorials Preparing Future Soldiers for Basic Training and AIT

Mentor: Sgt Jeet Viswanathan
Biology, 2025

For my honors project, I decided to create video tutorials to prepare future soldiers for Army basic training and advanced individual training (AIT). I currently serve in the U.S. Army Reserves and had to go to basic training and AIT for about 7 months. Before I went to training, I knew that I had to prepare myself physically and mentally as the Army has strict requirements for their soldier's performance. Using my background in the military, I created 4 videos on physical fitness/training, injury prevention, nutrition, and army do's and don'ts. I am by no means an athletic trainer, nutritionist, or psychiatrist so I had to intensive research on these topics. I hope that these tutorials give insight on the kind of training future soldiers go through to serve our country! Go Army!



RYLAND MCGINNISS (HE/HIM)

5:45

The Machine Mag

Mentor: Daniel Pieczkolon, Professor of English
History & English, 2025

The Machine Mag is a literary magazine for disabled creatives subverting expectations of the able-bodied machine one creative work at a time. Founded by a disabled creative for disabled creatives. The Machine seeks to highlight disabled creatives by providing a disability-exclusive space for publication. The Machine is very much built on the past and the present, and strives to build off of the amazing voices that have left an unmistakable imprint on the disabled community. The Machine exists because of the disability rights movement and the power that it has instilled in our staff. This magazine is dedicated to the memory of Judith Heumann.



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JACOB CONNELLY (HE/HIM)

6:00

The Terralibra compendium

Mentor: Chalikias Konstantinos, Professor of Art History
Psychology, 2026

Inspired by books such as Wayne Barlowe's "Expedition" and Dougal Dixons "After Man" This acts as a mock compendium/field guide for an island which doesn't exist. The fictional island of Terralibra is a place bustling with all manner of unique life spanning its bustling forests, to sprawling grasslands, and winding rivers. This compendium will give a peak at fifteen of its unique species as well, as their habitat behaviors and place in the island ecosystem. To make things even more special each species is itself subtly inspired by the failed and often bizarre attempts of medieval scribes to draw some of the world's most well-known animals.



PAIGE HUDGINS (SHE/HER)

6:15

Harvest Hues: The 2023 Fall Collection

Mentor: Jonathan Park (Professor, Department of Art and Design)
Biology (Pre-PT), 2024

For my Honors Project, I have crocheted a few items to be featured in a Fall catalog that I have designed with the help of my mentor. I have known how to crochet for a while, but designing clothes and accessories is new to me. I also had no experience with graphic design prior to starting this project, so this has gotten me out of my comfort zone and using software that I never thought I would. I am proud of what I have created and the effort that I have put into this catalog, and I hope you all enjoy!



KAITLYN STEWART (SHE/HER)

6:30

Friday Knight Lights Podcast

Mentor: Alix Cucinotta, Assistant Director, Athletic Communications

Media and Communications, 2024

Link: <https://open.spotify.com/show/6cYIVG6lrJH5QC7Hltk8uo?si=39de249400c2427a>

Welcome to Friday Knight Lights, a podcast focused on collegiate student-athletes, the unique dynamics in the community, and the challenges that come with the territory. Each Friday's episode will explore a different aspect of student-athlete culture and identity through vulnerable and candid conversations with guest speakers about their experiences.



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STEVIE GUEVARA

6:45

Rekindled: A Novella

Mentors: Christian Patchell and Daniel Pieczkolon
Illustration and Theatrical Design, 2025

Rekindled is a project that has been over ten years in the making. This story has been in my head and in process for more than half of my life, and I am so thrilled to have Honor's Project as an opportunity to have it fully realized. I had always struggled with writing the beginning of the story, and now I have had the chance to conquer that part of the story and present it to you all. Special thanks to Christian, 'Patch' Patchell and Daniel Pieczkolon for their incredible mentorship and my loving partner and friends for believing in me and my story.



MADI LUSH (SHE/HER)

7:00

Critters and Criteria: an Exploration of Wildlife Photography

Mentor: Adam Hess, Director of Landman Library
Biology, 2025

For my honors project, I decided to try to improve my photography and wildlife recognition skills overall through wildlife photography of local animal species. I have enjoyed taking pictures of wildlife in the past, but wanted to learn how to take better pictures or at least get a sense of my eye for them for this project. For another piece of the puzzle, I decided to learn to identify animals by their common names and scientific names. Besides general knowledge, I thought this would be useful in the future, as many people I worked with over the summer at the NJDEP knew all the names of species. I enjoy taking photos in every aspect of my life, and I love animals and sharing wildlife with people, so my main goal for this project at the end of the day is to share some incredible species that live around us.



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MIA MONTEVIRGEN (SHE/HER)

7:15

Memories of You, Me, and the Past: A Cookbook of Filipino Desserts

Mentor: Sue Pierce, Professor
Data Science, 2026

As a Filipino-American, my strongest connection to my culture has always been the delicious flavors that make up Filipino cuisine. In this project, I delve into my personal memories and experiences, as well as those of fellow Filipino descendants, and into the history of the Philippines to weave together a narrative of the cultural, historical and emotional significance that comes with certain Filipino desserts. Throughout this journey, I've observed the profound connection that food serves between people, and I am so happy to share some of the recipes that are dearest to my heart.



KAYLA PATTERSON

An Uneventful Day at the Beach

Mentor: James LaBar; high school teacher
Art Therapy, 2026

My project shows, a snippet of an animation that I hope can be completed one day. It's about a duck who is ironically having a terrible day at the beach. Everything seems to go wrong somewhere down the line, but I do hope to eventually give my duck a happy ending to his day at the beach. I learned video editing software called CapCut the best that I could to make a short video of my animation. I also included time-lapse videos of me animating the piece. At the end of the video, I included little GIFs of me playing around with animation, cover art ideas that I was thinking of doing, and even how I wanted my duck to look if he were human.



Thank you joining us!

